

FREE



South Central Community Action Program

SCCAP

Empowering people to reach their potential

A social service publication about our community — Brought to you by the South Central Community Action Program

Safety~Net

July-September 2021

Monroe County United Ministries Still Serving & Expanding Services

Monroe County United Ministries has been a valuable resource for Monroe County residents for over 80 years. We create lasting solutions to economic, educational, and social injustice in our community through quality programs, collaboration, and innovation. We serve the low-income population through two programs: The Compass Early Learning Center, which offers high-quality childcare, and Self-Sufficiency Center, which offers basic needs assistance and long-term asset building support.

The Compass Early Learning Center is a licensed childcare program for children ages 1-5 years old. It is a Paths to Quality Level 3 provider that provides daily meals and snacks, accredited curriculum, and operates on a sliding-scale fee. The Self-Sufficiency Center consists of a client-choice food pantry that clients can visit once a calendar month, a cleaning & hygiene closet with full-size products that can be received once every 6 months, clothing & housewares, and financial assistance that is offered once a year.

In the last few years, Monroe County United Ministries has expanded its services in a variety of ways. One of the new services that we offer is the Your Path economic mobility program which is voluntary, self-driven program. Your

Path focuses on five important topics that can help improve self-sufficiency. Participants have the opportunity to work with one of our Self-Sufficiency Coaches by meeting with them every few weeks to work on setting and achieving goals. Another service that we now offer is the Microfinance Loan Program. Rather than relying on credit history, our program will primarily look at the clients' ability to repay based on their current financial situation. Once accepted, they will receive their loan and begin repaying the loan based on an agreed-upon payment plan. Not only does the Microfinance Loan Program make getting a loan more accessible and manageable, but it provides individuals with the resources needed to strengthen their financial skills and literacy.

With the help of community partners and faith community partners, we hope to continue growing our programs. We want to ensure that we are always providing the necessary services individuals need in our community so that they can one day lead a self-sufficient life.

Our Self-Sufficiency Center services are available Monday, Tuesday, Thursday, and Friday from 12-4 PM or by appointment. Individuals can also order online at mcum.org for pick up or delivery.

Compass Early Learning Center

licensed & high quality

Income based tuition

Ages 1-5 years

Spots available!

www.mcum.org/compass

812-339-3429 ext. 10

Self-Sufficiency Center

We're here for you!

www.mcum.org/ssc

827 W. 14th Ct. Next to Tri North Middle School Closed Wednesdays

order online! **food** We deliver!

cleaning & hygiene

rent & utility bills

reach your goals!

OUR GUIDING PRINCIPLE

Editorial Comment

Our Guiding Principle is to reach out to others who are coping with practical and emotional crises, and to say, we are here as one community, interconnected with each other in a positive way. This means, among other things, providing shelter, food, medical care, opportunities to step out of poverty, peace, and mutual respect. This whole world would be a much better place for all people if everyone felt this way about our brothers and sisters. As individuals, we cannot change the world. However, we can all come together and help others in our own community. Let us show others, what we can do right here in Bloomington by reaching out to each other, and climbing that mountain together. To paraphrase Pete Seeger, We WILL Overcome.



Mother Hubbard's Cupboard COVID Response and Current Offerings

Sarah Cahillane, Director of Development • www.mhcfoodpantry.org

Mother Hubbard's Cupboard is a community food resource center working to increase access to healthy food in ways that cultivate dignity, self-sufficiency, and community through our food pantry and programming. For those of you who haven't kept up with what we've been doing, this past year at the Hub has been a wild one. In response to COVID-19, our building has been closed to the public and instead, we are pre-packing boxes of food and distributing them in a drive thru.

Our open hours have changed to Tuesdays, Wednesdays, and Thursdays from 12-2pm and 4-6 pm. Right now, all non-pantry programming (Kids Cook, garden and nutrition workshops, weekly drop-ins, etc) have been cancelled until further notice, and we are not accepting individual food donations at this time. But don't worry, these limited hours and programs won't last forever!

All staff, shoppers and community members are required to wear a mask at all times onsite. We ask that if a patron is exhibiting any COVID-19 symptoms, please either send a family member, friend, neighbor, or shopper from Helping Hands to pick up your groceries. For a complete list of our COVID policies and



information about volunteering, take a look at our website (www.mhcfoodpantry.org)!

WRITINGS FROM JILL'S HOUSE!

The Jill's House Way

Driven by a desire to help in this time of need like Jill's House is a community where you will be comfortable and well known. You will have the opportunity to stay connected to your family and the greater Bloomington community. Familiar Care Partners will give you just the right assistance so you can feel secure and continue to do the things that have meaning to you. Your choice matters and drives opportunities to experience new things as well as the familiar. Your routine is known and honored, and companionship and spontaneity fill each day with enjoyment.

Get Me to the Church on Time

By Marilyn Spieth, David White, Dorothy Evans, David Evans, Charles Sprague, Jan Gerkenmeyer, Sally Riley, Al White, Patricia Bigelow, Susan Paschke, Natalie Stant, Peg Fawbush, Jan Bays

He's singing and dancing and saying,

"Look at me!"

He's a very happy person.

His name is Jerome. He's running trying to catch up.

He's dressed to be the groom or something.

But, somehow, he missed the bus. He looks surprised to have missed the bus.

He's rather energetic. He's running fast.

He's in a tuxedo.

He's late for the wedding and it can't start without him. He's the groom. He's in trouble already!

...or maybe he got cold feet and is running away from the wedding.

Nat says, "No. It's too late for that! He's all dressed up and ready."

Susan thinks he was right in the middle of the ceremony and just couldn't stand the singer.

Jerome started running when he missed the bus. He's just made it to the church and he's going tin the back way.

As he comes through the door the crowd will sing "Get Me to the Church on time". Lucky him.

He looks a little sad. He's thinking, "What

would have happened to me if I hadn't gotten here on time?" But he did.

He's got to calm down before the ceremony. He'll make a quick bathroom stop. He'll clear his throat. He's at the church and he's ready.

We need to put some faith in the groom who is running. He's dressed well for the ceremony, but we're not sure beyond that.

He is going to be married to a strong-willed woman. It might be her second marriage. He knows he'd be in trouble if he didn't get there in time.

This picture is a picture of the song "Get Me to the Church on Time". He looks desperate. He really would have been in trouble if he hadn't made it on time. It could be both humorous and sad. But he did make it, so all is well. He will stand at the altar.

Jill's House Information:

751 E. Tamarack Trail
Bloomington, IN 47408

Phone: (812) 287-7962

Email: info@jillshousememorycare.com

About *Safety~Net*

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AGENCY REPORTS

Each issue of *Safety~Net* has articles contributed from the many non-profit/social service agencies in the Bloomington area about programs and services that they provide, as well as volunteer opportunities.

AGENCY GUIDE

There is an extensive Agency Guide pointing out where specific services/programs are available and how to access them.

WE WELCOME COMMENTS AND SUGGESTIONS.

Please send these to the editor at white@indiana.edu. Sign your name, and indicate whether you would like for your comments to be published.

Special Section: South Central Community Action Program (SCCAP)

Energy Assistance Program Year End, New Program Year Coming Soon!

The application period for the 2020-2021 Energy Assistance Program officially ended on May 14th. SCCAP's Energy Assistance Program (EAP) is intended to help keep eligible families who fall within 60% of the State Median Income guidelines safe and healthy, and assist them in achieving energy self-sufficiency while avoiding utility disruptions during the winter months. The program generally runs from November 1st through mid-May. We help clients in Brown, Monroe, Morgan, and Owen counties.

We were able to serve 3,366 households for this year's program, with an average benefit of over \$600

being applied using Federal energy assistance funding. Additionally, for anyone who lost income in some way directly related to the pandemic, we were able to award over \$100,000 in CARES Act funding (Coronavirus Aid, Relief, and Economic Security Act). Eligible households received \$350 CARES Act benefits to be applied to the utility of their choice, or to split evenly between their electric and heating accounts.

Using crisis funding from our Emergency Repair and Replace (ERR) budget, we repaired or replaced non-working heat sources for 32 families during this year's program. The total amount spent for the repairs and replacements was \$128,772. In order to be eligible for ERR, the client must own their home and be approved for energy assistance. The household must also include

a member who is considered at-risk (60 years of age or older, 5 years of age or younger, disabled, or a Veteran). The Energy Assistance Program partners with SCCAP's Weatherization Program, and our weatherization crew assesses the situation. Contractors perform the work that is needed to ensure our clients have a working heat source.

While we won't know when we can begin accepting applications for the 2021-2022 Energy Assistance Program until the State releases that information to us later this summer, we would encourage you to follow SCCAP on Facebook (<https://www.facebook.com/insccap/>) and to check our agency website (www.insccap.org) for updates as they become available.

Celebrating Juneteen - Pride

In June, the SCCAP-Thriving Connections community recognized two significant celebrations for the liberty of Americans: Pride and Juneteenth. SCCAP Thriving Connections is a small community working together to end poverty and division. We do this by having relationships with people we might not otherwise interact with and stretching outside all of our comfort zones with respect and support. While Bloomington does not celebrate Pride until August when most college students are back in the city, we still wanted to discuss the intersection of these two significant events. With a recent grant from the Lilly Endowment Youth Program Resilience Fund, we were able to hire a coach specifically for our children and parenting support. With added capacity, we are looking for ways to offer TC teens more ways to grow and this was a great opportunity!

TC teens Daisy and Santina volunteered to lead us. Each shared presentations that facilitated rich dialogue at one of the weekly community meetings. Santina kicked things off with a PowerPoint presentation about the history of Pride, citing trans people of color such as Marsha P. Johnson and Sylvia Rivera as pillars of the first Pride movements that centered around the Stonewall Riot. Santina also shared examples of some of the different Pride flags and shed light on what it means for a person to be genderqueer or transgender. This presentation led to a group conversation about how to best support our loved ones who identify within LGBTQ+ communities, one example being the importance of using a person's chosen name and pronouns as a show of respect.

Next, Daisy shared how Juneteenth became a momentous day in history for the liberation of Black Americans:

"January 1st, 1863 was the day that President Abraham Lincoln issued the Emancipation Proclamation, which freed all slaves in the rebelling states. When the speech was issued, not all states had received the news, and Texas was one of them. Texas did not recognize those Presidential orders until over two years later, when the Union army enforced them there: June 19th, 1865. Juneteenth was not widely celebrated in the years following, but during the Martin Luther King Jr. Civil Rights era, the celebration was revived and expanded.

The Emancipation Proclamation did not free all slaves. The states in rebellion were the



TC's Pride and Juneteenth commemorations highlight the role of the next generation in tackling the complex problems of our world. Witnessing Santina and Daisy shine was a moment of immense pride (pun intended) for the community, reminding us of why we need young leaders as our communities strive for a better present and future.

states that seceded from the Union, but that did not include the border states Maryland, Missouri, Tennessee, and West Virginia, so when the Emancipation Proclamation was declared, it didn't apply to those states. The Emancipation Proclamation was just the beginning of getting the 13th amendment ratified."

~ Daisy, Gr. 9

Daisy noted which states were the first to celebrate Juneteenth, and which have yet to acknowledge it as a holiday. Black Captains and Captains of Color also shared their perspectives on the significance of this holiday. Some shared how they celebrate Juneteenth, and how this has changed over time, and left everyone to consider how Juneteenth is a fitting Independence Day for all Americans.

TC community members also gathered at the City of Bloomington's Juneteenth celebration on June 19th to learn, share, dance, and celebrate the new federal holiday!

Special Section: Voices Seldom Heard

Marcia's Words

About a year ago we learned that I have Alzheimer's disease which affects your brain, and particularly your memory. This was a great shock to me because I have been generally confident and quick with learning tasks all my life. When I was three years old I said to my mother "Every day all the children get on the school bus and go to school and I don't have anyone to play with! I want to go to school!" Then my mother told me something untrue (the only time that ever happened according to my memory.) She said, "Marcia, you can't go to school. You don't know how to read!" I said, "Teach me to read!" So she did. It was easy for me to learn and I loved reading. When I was finally allowed to go to our little country school, at age 6, they put me in second grade since I was such a fluent reader. I loved school and excelled every year throughout elementary school and high school. Then I went to the university, majored in English, and continued to do a lot of reading. Many years later after I had retired from a long career on the staff of Indiana University, I went back to school again and completed a Master of Divinity degree which made it possible to serve a church in Ohio as its pastor for six years.

Now I am 82 and my son, Aaron, who is a professor at Indiana University, noticed that I was exhibiting signs of mental confusion unlike anything he had observed in me before. We consulted a specialist and learned I have Alzheimer's disease, which damages one's brain, and especially (as I have experienced so far, your memory.)

Luckily there is a group at Indiana University which makes it possible for

those of us with the disease to gather periodically, share information and encouragement, and develop a network of people who are dealing with the same problems. I was surprised to discover how many people in the group were retired faculty members at the university. I was pleasantly surprised to discover that many folks in the group were obviously very intelligent and were doing their best to deal with the scourge of the illness. I appreciated the welcome I received and the leadership of the leaders of the group, especially Dayna Thompson.

I am very fortunate because my son, Aaron, who is a professor in the Religious Studies Department at I.U. lives in Bloomington, as I do, and he is a constant, stable helpmeet in my life. Also I have a good friend, Tom, who lives in the same building I do, who has become a friend and who helps us in many ways, such as take me to the grocery store or the pharmacy to help me shop, and who comes over every evening to play Scrabble with me. Sometimes we share meals together.

Since one result of Alzheimer's disease is to cut off many social connections to other people, it is extremely important to find other connections in life. My son, Aaron, and my friend, Tom, make a huge difference in providing ample human connections.

I find with my altered brain that I am no longer the fluent reader I have always been. I do read our local newspaper every day and still read short passages in the Bible and in poetry, but I do not constantly read books and magazines as I always did before. Human connections, therefore, are invaluable to me now and I am so grateful for the few people who make such a huge difference in my life and happiness. Our Alzheimer's group had to cease meeting together because of the Pandemic but I hope one of these days we can resume our regular meetings.

Directory of agencies and services

This directory outlines several agencies and services available to residents of Monroe County. Additionally, many listings provide contact information for prospective volunteers. For more extensive articles about many of these agencies and services, see earlier issues of Safety-Net at <http://safety-net-newspaper.com/>. Several of the agencies and services described provide multiple forms of aid.

Unless otherwise noted all services and agencies are located in Bloomington.

Addiction Counseling

Amethyst House

Address: 645 N. Walnut St.

Phone: (812) 336-3570

Web: www.amethysthouse.org

Volunteer Contact: Gina Lovell ([812]336-3570 x10; amethyst@bloomington.in.us)

About: Provides structured living environments, treatment, and recovery services for individuals with addictions. Amethyst House operates three transitional living facilities: (1) a men's 1/2 way house, (2) a women's 1/2 way house that serves women and their dependent children up to 6 years old, and (3) a men's 3/4 way house. Amethyst house also operates an outpatient treatment facility in Bloomington as well as Evansville.

Centerstone of Indiana, Inc.

Address: 645 S. Rogers St.

Phone: (812) 339-1691

About: Provides services for people with behavioral and mental health challenges, such as depression, stress, panic disorders, alcohol and chemical dependencies, phobias, child behavioral disorders, grief and loss, marital and family problems, and severe and persistent emotional disorders. Services provided include psychiatry, 24-hour emergency services, and vocational and residential services. Centerstone hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Appointments must be made for services in the evening and weekend.

Alcoholics Anonymous

Address: Hours and locations vary.

Phone: (812) 334-8191

Web: www.alcoholics-anonymous.org

About: Provides support for those wanting to stop alcohol consumption.

Adult Education

MCCSC Adult Education

Address: Broadview Learning Center, 705 W. Coolidge Drive

Phone: (812) 330-7731

Web: www.adult.mccsc.edu

Volunteer Contact: Melanie Hunter (330-7731 x 52137; mhunter@mccsc.edu)

About: The Monroe County Community School Corporation's Adult Education program at Broadview Learning Center offers free, individualized instruction and guidance to teen and adult learners. We offer support for successful preparation for the High School Equivalency and other work placement tests as well as Adult Basic Education. Are you looking to improve your basic job and literacy skills or learn new ones, we can help. English as a Second Language course and supportive tutoring for students to create better opportunities of themselves and their families. Call 812-330-7731 to register for orientation and also visit our

website www.mccsc.edu/adulted. Located on Coolidge between Rogers and Rockport Road, on the #2 South Bloomington Transit Route.

AIDS/HIV Services

Bloomington Hospital Positive Link

Address: 333 E. Miller Dr.

Phone: (812) 353-9150

Web: www.bloomingtonhospital.org

About: HIV testing and extensive care coordination for those living with HIV/AIDS. Serve as a community resource regarding HIV/AIDS education and awareness. Also offer Hepatitis B, Hepatitis C and Syphilis testing.

Clothing, furniture, housewares

Monroe County United Ministries

Address: 827 W. 14 Ct.

Phone: (812) 339-3429

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DIRECTORY

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Volunteer Contact: Rebecca Gordan ([812] 353-9150; mcumhelp@bloomington.in.us)
About: Provides a subsidized Child-Care Program for low-income families in Monroe County, which includes a year-round program for children two to six years old, and a summer camp subsidized child-care for children ages six to ten, when school is out of session. All care-givers in the families either work full time or attend school part-time and work part-time. There is also an Emergency Services Program that assists families who are experiencing a short-term crisis. The Emergency Services Program includes a food pantry, a clothing program, and financial assistance for rent or utility payments.

My Sister's Closet of Monroe County, Inc.
See Employment resources and job counseling.

Salvation Army

Address: 111 N. Rogers St.

Phone: (812) 336-4310

Volunteer Contact: Monica Clemons ([812] 336-4310 x100; monica_clemons@usc.salvationarmy.org)

About: Provides a variety of services, including: food pantry, food vouchers, seasonal assistance, clothing and clothing vouchers, appliances, household items, hygiene items, rent/mortgage assistance, utility assistance, medical assistance, disaster relief, after school programs, summer residential camps, adult programs, nursing home visitation, bus tickets, a place of worship, and a thrift store.

St. Vincent de Paul Society

Address: 4607 West State Road 46

Phone: (812) 961-1510

Web: www.bloomingtonsvdp.org

Volunteer Contact: Scott Alber, ([812]335-1280 volunteer@bloomingtonsvdp.org)

About: A Catholic led ecumenical society of volunteers dedicated to helping those in need. Assistance is offered in the form of community resource information, vouchers for furniture, and in some cases limited financial help with a utility bill, rent, rent deposit or other essential need. Almost all funding comes through donations and assistance is given without regard to religion, race or creed. Volunteer opportunities abound.

Disabilities assistance programs

LifeDesigns, Inc.

Address: 200 East Winslow Rd.

Phone: (812) 332-9615

Web: www.lifedesignsinc.org

Volunteer Contact: Cindy Fleetwood

About: LifeDesigns, Inc. offers comprehensive services for people with disabilities in south central Indiana including education, housing and employment assistance. We offer services

for every stage of life from childhood through adulthood. Our mission to partner with people with disabilities and the community to bring about self-directed and enriched lives through education, information and support. LifeDesigns is a grassroots organization formed by the merger of two well-known agencies, Christole and Options, who have provided leading-edge programs for over three decades.

People & Animal Learning Services (PALS)

Facility Address: 7644 W Elwren Rd, Bloomington,

Mailing Address: P.O. Box 1033, Bloomington, IN 47402

Phone: 812-336-2798

Web: www.palstherapy.org

Volunteer Contact: Jennylynn Vidas, (812-336-2798 ext. 15, jennylynn@palstherapy.org)

About: PALS provides therapeutic Equine Assisted Activities (EAA) to individuals with disabilities, veterans and at-risk youth in South Central Indiana. PALS programs are designed by professionals and aim to develop and restore functional skills, enhance well-being and improve quality of life. Services are available to individuals ages three and up. PALS is a Professional Association of Therapeutic Horsemanship International (PATH Intl) Premier-Accredited Center and United Way of Monroe County Member Agency.

Stone Belt

Address: 2815 E. 10 St.

Phone: (812) 332-2168

Web: www.stonebelt.org

Volunteer Contact: Amy Jackson (332-2168 x314; ajackson@stonebelt.org)

About: A community-based organization with over 48 years of experience in serving persons with developmental disabilities. Supports include residential, employment, life skills training and psychological services. With locations in Monroe, Lawrence, Owen, Bartholomew and surrounding counties, Stone Belt's mission is to prepare, empower, and support persons with developmental disabilities and their families to participate fully in the life of the community.

Employment resources and job counseling

My Sister's Closet of Monroe County, Inc.

Address: 414 S. College Ave.

Web: www.SistersCloset.org

Volunteer Contact: Julie Tobin, (812) 333-7710; Info@SistersCloset.org

About: Provides women facing issues of poverty, homelessness and domestic violence—who are looking for employment, with free interview and/or workforce attire, interview skills training & coaching through job mentors, image consulting, and life skills training through workshops with the Success Institute. All services assist women to overcome the hurdles they face on the road to independence & family self-sufficiency. All new and gently-used

Clothing & Accessories, Undergarments, New Make-up, and Personal Hygiene items are provided free to those with vouchers from referral agencies, and for sale to the general public.

WorkOne

Address: 450 Landmark Ave.

Phone: (812) 331-6000

About: Assists individuals and businesses in meeting their employment and training needs. WorkOne provides employment services, job counseling and assessment services, training services through WIA, vocational rehabilitation services through Indiana Vocational Rehabilitation, veteran services and unemployment insurance benefits.

Stone Belt

See disabilities assistance programs.

Family Services

El Centro Comunal Latino

Address: 303 E Kirkwood Avenue, Room 11

Phone: (812) 355-7513

Web: www.elcentrocomunal.org

About: CCL is a grassroots, community-based organization that seeks to provide an accessible and safe space for all Latinos, with a focus on Spanish-speaking people, to find information, access to resources and a place to hold community events. CCL's work includes tutoring services for all ages, the medical interpretation network, direct service, Volunteer Income Tax Assistance program, the Legal Advice Project, Informate—series of educational presentations, health programming, and the Bienvenidos program; a support group that helps immigrants acculturate to life in the United States.

SCCAP Head Start

Address: 1520 W. 15th St.

Phone: (812) 334-8350

Web: www.headstart.bloomington.in.us/

About: Guides children aged 3 to kindergarten towards gaining cognitive skills, patience, sharing, problem solving, hygiene, safety, and practice in good decision making. Free to income eligible.

IN Dept. of Child Services

Address: 1717 W. 3rd St.

Phone: (812) 336-6351

About: Services are designed to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. To make a report of child abuse or neglect the public can call 1-800-800-5556.

Division of Family Resources

Address: 1711 N. College Ave.

Phone: 1-(800)-403-0864

About: Provides aid to families with dependent children (Temporary Assistance for Needy Families, TANF), food stamps, Medicaid.

Programas de Alcance a Latinos

Latino Programs and Outreach Division

Address: 401 N. Morton St. Suite 260, Bloomington, IN 47402

Phone: (812) 349-3430

Web: https://bloomington.in.gov/

Contact: Araceli Gómez-Aldana, latinoprograms@bloomington.in.gov

Acerca: El Departamento de Recursos Comunitarios y Familiares de la Ciudad de Bloomington ha enfocado sus esfuerzos para alcanzar a la comunidad Hispana ofreciendo una gran variedad de programas. Eventos culturales, educación cívica, servicios directos y traducciones. El programa de radio Hola Bloomington en WFHB y la publicación Del Boletín Comunitario.

About: The City of Bloomington's Community and Family Resources Department has focused its outreach efforts on the Hispanic and Latino community by offering a variety of programs. Cultural events, civic education, direct service and translations, The Hola Bloomington Radio Show on WFHB and The Boletín Comunitario.

See "DIRECTORY", page 6

Local Health Care Enrollment Assistance

All U.S. residents are required by law to have health insurance. If you are uninsured, there are coverage options that meet your needs and fit your budget:

- Affordable Care Act
- "Health Insurance Marketplace"
- Healthy Indiana Plan (HIP 2.0)
- Medicaid
- Children's Health Insurance Program (Hoosier Healthwise)

There are several free local resources that can guide you through the process, explain coverage options, answer questions, and help you enroll. Indiana Navigators provide free unbiased assistance and can work with you one-on-one to enroll in health care plans.

ASPIN Health Navigators:

Call (877) 313-7215 for Navigator assistance.

City of Bloomington:

Call (812) 349-3851 for enrollment assistance. Para Español, (812) 349-3860 o latinoprograms@bloomington.in.gov

Individual Solutions-IU Health:

Call 1-888-531-3004 to make an appointment to see a certified Navigator, or visit iuhealth.org/individual-solutions

Monroe County Health Department:

Call Scott Stowers at (812) 349-2075 or e-mail sstowers@co.monroe.in.us

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Monroe County United Ministries (MCUM)

Address: 827 W. 14th Court

Phone: (812) 339-3429

Web: www.mcum.org

Hours: 6:30am-5:30pm

About: Full-time care for children ages 2-6 on a sliding fee scale, parents must be employed or attending school, NAEYC-accredited center

WIC Program

Address: 333 East Miller Drive

Phone: (812) 353-3221

About: Provides nutritional support for underprivileged mothers, babies and children up to five years of age in Monroe and Greene Counties. Applicants must meet income guidelines, live in Indiana, and have a nutritional need. All services are provided free of charge.

Food stamps

Division of Family Resources

See family services.

Health care Services

Alzheimer's and Dementia Resource Service – Community Health

Indiana University Health Bloomington

Phone: 812-353-9299

Contact Person: Dayna A. Thompson M.S., CDP, LMHC, PAC Trainer

Email: DThompson6@iuhealth.org

Web: www.AlzResourceIndiana.org

About: The Alzheimer's Resource Service (ARS) is a service of IU Health Bloomington Community Health. We seek to provide support, resources and assistance to those with Alzheimer's disease and other dementias and their families. We also work with professional staff who support those with a diagnosis. All services are offered to the community at NO CHARGE, thanks to the Bloomington Hospital Foundation and IU Health Bloomington Hospital.

Futures Family Health Clinic

Address: 119 W. 7th St.

Phone: (812) 349-7343

About: provides family planning health services for adolescents, men, and women. Services are provided on a sliding fee schedule based on income. Services offered include annual exam and Pap smear, pregnancy testing, STD and HIV testing, birth control counseling, emergency contraception, health education, birth control pills, birth control shots, IUD (intrauterine device), and condoms.

Bloomington Hospital Home Health & Hospice

Address: 619 W 1st St.

Phone: (812) 353-9818

Web: www.bloomingtonhospital.org

Volunteer Contact: Melanie Miller (812-353-9818; mmiller@bloomhealth.org)

About: Provides care and support for people who are terminally ill and their families. Training classes for new volunteers are offered twice a year.

Monroe County Public Health Clinic

Address: 333 East Miller Drive

Phone: (812) 353-3244

About: Services provided include screenings for hypertension, hyperlipidemia, elevated blood sugar, anemia, elevated lead, tuberculosis, head lice and pregnancy; health and wellness assessments; communicable disease education. Call for appointment.

Planned Parenthood

Address: 421 S. College Ave.

Phone: (812) 336-0219

Web: www.ppin.org

About: Services provided include pelvic exams, breast exams, testing and treatment of sexually transmitted infections, HIV testing and counseling, pregnancy tests, various types of birth control, emergency contraception (the "morning after pill"), as well as abortion services.

Housing (abused people)

Middle Way House

Address: 338 S. Washington St.

Phone: (812) 333-7404 (admin phone), (812) 336-0846 (crisis line)

Web: www.middlewayhouse.org

About: Middle Way House is an emergency shelter that provides services to protect and help all survivors who are victims of domestic violence and sexual assault, and those who feel they are in danger. Services include a safe place to stay, case management, in-house children's programs, legal advocacy. There is also a transitional housing program called The Rise which has self-contained apartments for families leaving abusive relationships.

Housing (emergency, for adults)

Friend's Place

Address: 919 S. Rogers (Shelter)

Phone: (812) 332-1444

About: An emergency shelter with 40 beds (18 for men and 12 for women). Services provided include case management, food, and clothing. Opens at 6:15 p.m.

Wheeler Mission

Phone: (812) 332-2452

Center for Men

Address: 215 S Westplex Ave

Programs and services:

Emergency Low Barrier Shelter
Orientation to addictions recovery program
Long term supportive housing
Working guest program
Public meals

Center for Women and Children

Address: 100 S Opportunity Lane

Programs and services:

Emergency Low Barrier Shelter
Referral Service to other agencies (connect to care) Long term supportive housing

Housing (Family Shelter)

New Hope Family Shelter

Phone: (812) 334-9840

E-mail: newhope@nhfsinc.org

About: The mission of the New Hope Family Shelter (NHFS) is to provide temporary shelter for homeless families in Bloomington and Monroe County and, in collaboration with other agencies, to help those families regain housing by addressing the problems that led to homelessness.

Housing (Intact Families/Adults)

Bloomington Catholic Worker

Address: 821 North Blair Avenue, Bloomington, Indiana 47404

Phone: (812) 339-4456

About: We offer short-term, home-based hospitality to people facing homelessness.

Housing (Pregnant women)

Hannah House Maternity Home

Address: 808 N. College Ave.

Phone: (812) 334-2662

Web: www.cpcbloomington.org

About: A comprehensive residential program or pregnant women and teenagers. Offers access to prenatal and pediatric care. Also offers life skills training and assistance in achieving longer-term educational and career goals.

Housing (Rental)

Bloomington Housing Authority

Address: 1007 N. Summit St.

Phone: (812) 339-3491

About: Subsidized housing, Section 8, Public Housing. Cost varies to income eligible.

Housing and Neighborhood Development

Address: 401 N. Morton Street, Ste. 130

Phone: (812) 349-3420

Web: www.bloomington.in.gov/hand

About: Creates affordable housing opportunities in the City of Bloomington by working through its partnerships with local non-profit and for-profit developers and through its in-house housing programs. HAND provides housing counseling to individuals with housing needs or difficulties and provides a variety of learning opportunities for the community on housing related issues. In addition, HAND enforces the

Property Maintenance Code and the City's weed and trash ordinances.

Housing4Hoosiers

Website: Housing4Hoosiers.org

Email: info@housing4hoosiers.org

Phone: 812-335-2200

About: Housing4Hoosiers.org is a one-stop website for renters and landlords in Indiana seeking resources on finding, renting, and keeping a stable and affordable rental home. Housing4Hoosiers offers guidance on where to find an affordable place to live, understanding your lease, and rights and responsibilities of tenants and landlords. The site also includes a Google map of 150 rental properties in Bloomington/Monroe County with details on rental costs, unit sizes, and those accepting Section 8 vouchers.

Housing (homeless youth)

Stepping Stones

Address: PO Box 1366

Phone: (812) 339-9771

Web: www.stepsstones-inc.org

About: Transitional housing program and supportive service for homeless young people aged 16-20.

Youth Services Bureau

Address: 615 S. Adams St.

Phone: (812) 349-2506

Web: www.youthservicesbureau.net

About: Provides short-term residential care and crisis intervention for youth ages 8-17. Provides other services as well.

Legal and court-related services

Community Justice & Mediation Center

Address: 205 S. Walnut Suite 16

Phone: (812) 336-8677

Web: www.cjamcenter.org

cjam@cjamcenter.org

Volunteer Contact: Amanda Nickey ([812] 336-8677; vorpem@bloomington.in.us)

About: Programs include the Victim-Offender Reconciliation Program, Shoplifter's Alternative Program, Workshops, Trainings, and Community Mediation Services for neighborhood, school, family or business conflicts.

District 10 Pro Bono Project

Address: P.O. Box 8382

Bloomington, IN 47407

Phone: (812)-339-3610

About: Purpose is to match income eligible clients with an attorney who will take their case for free. Potential clients must apply by phone on Monday from 10 AM to 12 PM, and Thursday from 2 PM to 5 PM. Please, no walk-ins, by phone only.

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Legal Services Organization of Indiana, Inc. Bloomington

Address: 214 S. College Ave.

Phone: (812) 339-7668

About: Cannot help people in criminal cases. Helps people in civil cases, including: Housing (eviction, foreclosure, landlord/tenant); Public Benefits (food stamps, SSI, unemployment, poor relief, Temporary Assistance for Needy Families (TANF); Health (Medicaid, Medicare); Divorce or child custody where there is child abuse or spouse abuse; Child In Need of Services (CHINS); Consumer (collections and repossessions); Education (including expulsion and access to special education services and Vocational Rehabilitation); Access to Justice (e.g. denial of a court-appointed attorney in certain civil cases).

Monroe County Court Appointed Special Advocates

Address: 201 N. Morton Street

Phone: (812) 333-2272

Web: www.monroecountycasa.org

Volunteer Contact: Kelli Shannon ([812] 333-2272, ext. 11; kelli.shannon@monroecountycasa.org)

About: Provides direct advocacy for child victims of physical abuse, sexual abuse and neglect. Volunteer advocates represent children in the court process to protect the child's best interests.

Monroe County Prosecutor—Victim Assistance Program

Address: 301 N. College Ave., Rm. 211

Phone: (812) 349-2670

Web: www.co.monroe.in.us

Volunteer Contact: Sarah Lanman ([812]349-2670; slanman@co.monroe.in.us)

About: Helps to ease the trauma victim's burden by explaining the criminal justice process, accompanying victims to court, updating them on current cases and obtaining restitution.

Meals and pantries (no cost)

Meals

Area 10 Agency on Aging

Address: 631 West Edgewood Drive, Ellettsville, IN 47429

Phone: (812) 876-3383

Web: www.area10agency.org

About: Area 10 Agency on Aging offers 5 main nutrition and food services for senior citizens.

Congregate Meals—We offer congregated meals at the following times and locations: Maple Shades Apts., Ellettsville, 10:30 am; Cambridge Square Apts., Bloomington, 11 am; Spencer Senior Center, 11:30 am; Unionville Senior Center, 11:30 am. Seniors must be 60+ and can complete a brief application at the meal site of

their choosing. A \$2 donation is requested.

Mobile Meals—We deliver meals to homebound seniors who are 60+ and who are unable to prepare meals for themselves due to illness or disability. An application to determine eligibility is required and a \$2 donation is requested. Contact Area 10 at (812) 876-3383 for more information.

Food Pantry—We provide homebound seniors with two bags of groceries and frozen food each month. Seniors must be 60+ and meet eligibility requirements. Call Area 10 at (812) 876-3383 to request an application

Bloomington Meals on Wheels, Inc.

Address: 727 W. 1st Street

Phone: (812) 323-4982

Web: www.bloomingtonmealsonwheels.org

About: Provides meals to homebound people who are unable to cook for themselves. No age or economic restrictions. To enroll, call number listed. A volunteer will arrange for meal delivery and special dietary needs, explain the costs and how payments can be made.

Bloomington Catholic Worker

Address: 821 North Blair Avenue, Bloomington, Indiana 47404

Phone: (812) 339-4456

About: We share a home-based dinner every night of the week at 6:00 on the southside to which all are welcome. Thursday nights have the largest feast. Please call so we can direct you to the correct house.

City Church Food Outreach

Address: 1200 N Russell Rd. Bloomington IN 47404

Phone: 812-336-5958

Web: citychurchfamily.org

Email: info@citychurchfamily.org

Phone: (812) 272-2515

About: City Food Outreach gives a bag of groceries to those in need. To receive a bag of groceries please call our Healing Hands ministry to set up an appointment.

Community Kitchen

Address: 1515 S. Rogers St.

Phone: (812) 332-0999

Web: www.monroecommunitykitchen.com

Volunteer Contact: Annie Brookshire

([812] 332-0999; volunteer@monroecommunitykitchen.com)

Monday-Saturday: Dinner: 4-6 p.m.

About: Provides hot meals in a sit-down area as well as cold carry-out boxed meals. Also provides meals for afterschool programs at Boys and Girls Club, The Rise, Girls, Inc., Monroe County Community Corrections JAMS Program, Teen Learning Center, and Rhino's Youth Center.

Community Kitchen Express

Address: 1100 W. 11th St.

Monday-Saturday: Dinner: 4-6 p.m.

About: Provides hot and cold meals as carry-out only. See Community Kitchen listing (above) for phone and volunteer information.

First Christian Church

Address: Corner of Kirkwood Ave. and Washington St.

Sunday: Breakfast: 8-9:30 a.m.

First Presbyterian Church

Address: Corner of Lincoln and 7th Streets

Saturday: Breakfast: 7:30-9:00 a.m.

Harvest House Soup Kitchen

Address: 1107 S. Fairview Dr.

Phone: (812) 339-4462

Sunday: Lunch: 2-4 p.m.

Shalom Community Center

Address: 620 South Walnut Street

Phone: (812) 334-5728

Web: www.shalomcommunitycenter.org

Monday-Friday: Breakfast: 8-9:30 a.m.; Lunch: 12-1:30 p.m. (except Wednesday lunch, 12-1 p.m.)

About: A daytime resource center for those experiencing homelessness and poverty. The facility is open all day and functions as a Day Shelter for guests, where they can use restroom facilities, make phone calls, and do their laundry. Guests can go there to see case workers, employment counselors, connect with visiting agencies, seek assistance through the Family Homelessness Prevention Project, store belongings, receive mail, use restroom facilities, and take a hot shower.

Pantries/Groceries

Area 10 Agency on Aging

See meals and pantries —meals

Hoosier Hills Food Bank

Address: 2333 W. Industrial Park Drive

Phone: (812) 334-8374

Web: www.hhfoodbank.org

Volunteer Contact: Kai Westerfield (334-8374; volunteer@hhfoodbank.org)

About: Collects, stores and distributes donated food to 84 nonprofit organizations with feeding programs that directly serve needy and hungry people. Distributes about 2 million pounds of food to hungry people each year.

MCUM Emergency Food Pantry

Address: 827 W. 14th Ct.

Phone: (812) 339-3429

Web: www.mcum.org

Hours: Monday-Friday 8-11:30 a.m.; 1-3:15 p.m.

About: Distributes non-perishable food, three days' supply provided. Must be Monroe County resident and complete a brief intake form.

Mother Hubbard's Cupboard

Address: 1100 Allen Street

Phone: (812) 355-6843

Web: www.mhcfodpantry.org

Hours: Monday-Friday 12-6 p.m.

About: Provides nutritious food to people in need. Most of the food is received from the Hoosier Hills Food Bank. Also operates a Nutrition Education Program and an organic Community Gardening Program.

Pantry 279

Address: 501 W. Temperance, Ellettsville, IN 47420

Phone: (812) 606-1524

Web: https://pantry279.org

Hours: Monday-Wednesday 3-6pm, Saturday p.m.

About: We are a low barrier pantry, meaning anyone in need of food can come. You may also pick up for other families as well, but we will need a name, address, and how many in household. Boxes of food vary depending on donations, but there is always a meat, canned food, dry goods, and produce is unlimited. We try to provide food for between 4-7 days. We are currently doing drive thru style distribution due to COVID. We post all updates immediately on our Facebook page.

'Salvation Army

Address: 111 N. Rogers St.

Phone: (812) 336-4310

Hours: Tue, Thurs 1-3:30 and Wed, Fri 9-11:30

About: Need ID. Depending upon income and resources, can offer one week's supply of groceries. Will not provide again for at least 30 days.

First United Methodist Church

Address: 219 E. 4th Street

Hours: Wednesdays, 3:00-5:30 p.m.

About: Provides brown bag lunch, groceries.

Township Trustees Food Pantries—Bloomington

Address: 2111 W. Vernal Pike

Phone: (812) 336-4976

Hours: Monday-Friday 8 a.m.-4 p.m.

About: Provides canned goods. Must be a resident of Bloomington Township.

Township Trustees Food Pantries—Perry

Address: 1010 S. Walnut St.

Phone: (812) 336-3713

Hours: Monday-Friday 9 a.m.-3 p.m.

About: Provides canned goods. Must be a resident of Perry Township.

Medicaid

Division of Family Resources

About: Medicaid is a federal and state funded medical assistance program that pays for approved and needed medical care for persons who meet eligibility requirements. For more

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information on the Division of Family Resources see the family services listing.

Older citizen programs

Area 10 Agency on Aging

Address: 631 W. Edgewood Drive, Ellettsville, Indiana 47429

Phone: (812) 876-3383

Web: www.area10agency.org

About: Offers programs and services, as well as being a resource of information about services for older and disabled citizens living in Monroe and Owen counties. Services that can be accessed include the Aging and Disability Resource Center, 2-1-1 Infolink, in-home health-related services and referrals, home-delivered meals, food pantry, congregate meal sites, support groups, education for family caregivers, affordable housing, assistance for the homebound, handyman services, a long-term-care ombudsman program for residents of area nursing homes, RSVP 55+ Volunteer Program, recreational and arts programs at Area 10's Endwright Center in Ellettsville, and Rural Transit bus service.

Pregnancy testing, counseling, education

Planned Parenthood

See health care.

WIC Program

See family services.

Rent, utility, bill assistance

First call the Township Trustee in the Monroe County Township in which you live: Bean Blossom (876-5109), Benton (339-6593), Bloomington (336-4976), Clear Creek (824-7225), Indian Creek (824-4981), Perry (336-3713) Polk (837-9446), Richland (876-2509), Salt Creek (332-9777), Van Buren (825-4490), Washington (331-0809).

Youth programs

Big Brothers Big Sisters

Address: 807 N. College Avenue

Phone: (812) 334-2828

Web: www.bigsindiana.org

Volunteer Contact: Mark Voland, mvoland@bigsindiana.org, 812-334-2828, ext. 227.

About: Big Brothers Big Sisters of South Central Indiana helps children in Monroe and Owen counties reach their potential through professionally supported, one to one relationships with measurable impact.

Bloomington Boys and Girls Club

Address: 311 S. Lincoln St.

Phone: (812) 332-5311

Web: www.bgcblloomington.org

About: A guidance organization which fosters the physical, intellectual and social growth of boys and girls ages 6-18 with a special concern for those most in need of service.

Girls Inc.

Address: 1108 W. 8th St.

Phone: (812) 336-7313

Web: www.girlsinc-monroe.org

Volunteer Contact: Lucy Berger, Director of Operations ([812] 336-7313; lberger@monroe.girls-inc.org)

About: Girls Inc. of Monroe County, is an affiliate of a national youth organization dedicated to inspiring girls to be strong, smart, and bold through after school programming, organized sports, and summer/winter camps. Provides programming for girls ages 6 to 18. Services include transportation, organized sports, a teen room, technology, self-defense and homework help.

Harmony School

Address: 909 E. 2nd St.

Phone: (812) 334-8349

Web: www.harmonyschool.org

About: An independent pre-Kindergarten through 12th grade school providing education to youth ages 3 to 18 from a wide range of economic and educational backgrounds.

WonderLab Museum of Science, Health and Technology

Address: 308 W. 4th St.

Phone: (812) 337-1337

Web: www.wonderlab.org

Volunteer Program: (812) 337-1337 ext. 20 or volunteer@wonderlab.org

About: WonderLab is an award-winning science museum with hands-on exhibits and programs for children and their families. WonderLab offers a free Teen Night monthly during the school year. WonderLab also participates in the Access Pass Program, which provides reduced admission of \$1 per family member per visit for eligible families. The museum also offers many half-price admission events. Volunteering is a natural next step for teens. Those entering grade 7 are eligible to become volunteers at the museum. Additionally, high school students are eligible to apply for summer internships at WonderCamp, the museum's summer science day camp.

Youth Services Bureau

Address: 615 S. Adams St.

Phone: (812) 349-2506

Web: www.youthservicesbureau.net

About: Alongside youth shelter (see housing [youth]), provides counseling, education, supervised recreation, and transportation to and from school, as well as referrals to a variety of agencies for other needed services.

Additional services

Catholic Charities-Bloomington

Address: 803 N. Monroes St, Bloomington

Phone: (812) 332-1262

Web: www.CatholicCharitiesBtown.org

About: Provides education, social service delivery, and advocacy. Takes special interest in poor, disabled, and otherwise disadvantaged persons. Serves residences of Brown, Lawrence, Morgan, Monroe, Orange and Owen counties, especially through mental health services. Provides individual, family, couples and group counseling. Do not currently have anyone on staff who speaks Spanish, so they provide only English language mental health counseling.

City of Bloomington Volunteer Network

Address: 401 N. Morton St. Suite 260

Phone: 812-349-3433

Web: www.bloomington.in.gov/volunteer

About: The Volunteer Network, which has over 200 local partner nonprofit and governmental organizations, is your one-stop source for volunteer information in Bloomington and Monroe County. Member organizations post their volunteer needs on the Network's online database so potential volunteers can see what community needs they can meet. The Volunteer Network also offers training in volunteer management to new volunteer coordinators and training in nonprofit board service to new and continuing board members. The Network partners with the Martin Luther King Birthday Celebration Commission in the organization of the 'A Day On, Not a Day Off' day of service, in which thousands of Bloomingtonians participate. In addition, the Network matches the material needs of local nonprofit organizations with community members and businesses who can meet those needs through our partnership with the Herald-Times on the Community Wish List.

Habitat for Humanity of Monroe County

Address: 213 E. Kirkwood Avenue

Phone: (812) 331-4069

Web: www.monroecountyhabitat.org

About: Habitat for Humanity helps families and volunteers to build homes for those living in inadequate housing. The homes are for families who have an income but do not have the funds to secure a bank loan. The money to build the homes comes from contributions from local churches, citizens, businesses, and other sponsors. Families pay back a zero interest mortgage over 15-25 years. That money goes into a fund which helps to pay for more houses.

Monroe County Safe Kids Chapter

Phone: (812) 353-5437

About: Certified Child Passenger Safety technicians will help you install your child's car seat and answer questions regarding general vehicle safety. If you need financial help with the purchase of a seat, let us know. All services are by appointment only.

Midwest Pages to Prisoners Project

Address: 310A S. Washington St.

Phone: (812) 339-8710

Web: www.pagestoprisoners.org

Volunteer Contact: Tess Hannah (339-8710; midwestpagestoprisoners@yahoo.com)

About: Provides free reading material to inmates upon request. Encourages self-education among prisoners in the United States.

Monroe County Public Library

Address: 303 E. Kirkwood Ave.

Phone: (812) 349-3050

Web: www.mcpl.info

About: Offers free books, magazines, music CDs, and movies to check out; public Internet computers; downloadable audiobooks and ebooks; and free programs for all ages. It serves the county through facilities in Bloomington and Ellettsville, the Bookmobile, the Outreach Van, and Homebound service. Library cards are available at no charge to all county residents. The VITAL literacy program offers one-on-one confidential tutoring to adult learners and ESL conversation groups. During the school year, the library offers homework help to elementary students and math and reading/writing homework help to teens. During income tax season, volunteers offer free tax help. The library also has public meeting rooms for use by nonprofit groups. Anyone in the community can produce a program through Community Access TV (CATS) for the Public Access Channel.

New Leaf-New Life, Inc.

Address: 1010 S. Walnut St., Suite F

Phone: (812) 355-6842

Email: newleaf1010@gmail.com

Web: www.newleaf-newlife.org

About: New Leaf-New Life runs therapeutic programs in the Monroe County jail, and provides products and services to ex-offenders at our office at 1010 South Walnut, Suite F. Services offered include: assistance in obtaining a birth certificate or social security card, employment help, support groups, family support, community referrals, clothing, bus tickets, hygiene products, and funding for GED testing. Volunteer opportunities can include: mentoring, transition services, office work, family outreach, and programming in the Jail. Check our Facebook page for news and updates.

Reach High Consulting & Therapy LLC.

Autism ABA and Diagnostic Clinic

Address: 2101 W Tapp Rd. Bloomington IN 47403

Website: reachhighconsulting.org

Phone: 812-330-4460

Fax: 812-330-4461

Email: aba@reachhighconsulting.org

About RHC: Reach High is Bloomington's first ABA clinic. Reach High was birthed out of a growing need in the City of Bloomington. Providing Applied Behavior Analysis (ABA) has meant families and clients are equipped with the tools to reach their maximum potential. Reach High strives to have clients in multiple environments within the community, this allows for skill sets to be strengthened and become more natural overtime.