



Early Head Start Events

March 14-18

Spring Break  
No Classes and  
No home visits

Monday, March 21

Council of Involved Families at Lindbergh  
6-8pm

Wednesday, March 30

Baby Buddy Group:  
Explore WonderLab!  
10am-1pm  
308 W 4th Street

# Early Head Start Newsletter

March 7-18, 2011

**Baby Buddy Group Pics:  
Messy Play at Banneker**



## Free Tax Help at SCCAP

NOW - April 12  
Tuesday 4-7pm Walk in  
Saturday 9am-12 by Appointment  
339-3447 x 235  
1500 W. 15th St

## Leapin' Literature Story Hour at Banneker

Wednesday, March 9 from 10-11 am

Literature comes alive on the second Wednesday of the month with a story, crafts and games. Each story has a theme and this month it is **Farm Animals**.

## RECALL NOTICE!

Bassinets manufactured in the U.S. by the Burlington Basket Co. of Burlington, Iowa, have been recalled because the cross-bracing rails are not fully locked into position. The bassinets can collapse causing the infant to fall to the floor or fall within the bassinet and suffer injuries. Sold at Walmart and other mass merchandisers, department stores and juvenile product stores nationwide and online by various Web retailers, including Amazon.com.

For more information, visit [www.cpsc.gov](http://www.cpsc.gov). or call the commission's recall hot line, 800-638-2772. When you buy used baby products, it is a great idea to check the recall site to make sure you are not spending money on recalled items that would pose a risk to your child or family. Many times people do not realize their used things have been recalled and will sell or give them away to others. Being informed parents is protecting your children. Sending in those product registration forms that come with children's furniture, electrical appliances, etc., helps companies notify you in the event a safety issue comes up or a recall notice is released. Be sure to send those cards in or go on line and fill out the registration. And never give away or sell recalled products to others.

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## Discipline Vs. Punishment: What's the difference?

Discipline teaches a child how to act. Discipline should make sense to a child. It should have something to do with what he has done wrong. Discipline helps a child feel good about himself. It gives him the chance to correct his mistakes. It puts him in charge of his actions.

Punishment only tells a child that she is bad. It does not tell a child what she should do instead. So punishment may not make sense to the child. Punishment usually has nothing to do with what the child did wrong.

Here are some examples of what a child can do wrong. Some types of punishment and discipline are given. Can you see how they are different?

### Example 1

A three-year-old throws his crayons on the floor.

Punishment: Tell him he is a bad boy and slap his fingers.

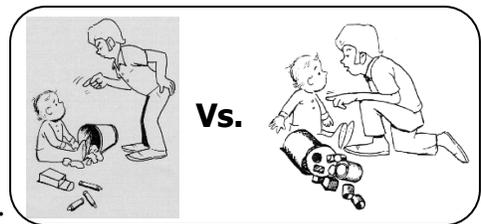
Discipline: Tell him to pick up the crayons. Explain that they could get broken or mark up the floor. Put them out of the child's reach until the next day.

### Example 2

A two-year-old empties a wastebasket.

Punishment: Spank him and send him to his room.

Discipline: Explain he may not play with the wastebasket. Give him something he may dump and fill.



Sometimes a child is punished when nothing else seems to work. Sometimes a child is punished when he has made a parent very angry. All parents get angry with their children at times. Do not feel bad if this happens to you once in a while. But if you are very angry, count to ten before you talk to your child. If you cannot calm down, tell your child you need to think first. Tell her you will talk to her later about what she has done.